

THE KLEIN SEXUAL ORIENTATION GRID

	past <i>(your entire life up until a year ago)</i>	present <i>(the last twelve months)</i>	ideal <i>(if you could order your life any way you wanted, what would it be like?)</i>
A. sexual attraction <i>(to whom are you sexually attracted?)</i>	_____	_____	_____
B. sexual behavior <i>(with whom do you actually have sex?)</i>	_____	_____	_____
C. sexual fantasies <i>(who do you fantasize about?)</i>	_____	_____	_____
D. emotional preference <i>(who do you feel more drawn to or close to emotionally?)</i>	_____	_____	_____
E. social preference <i>(with whom do you like to socialize?)</i>	_____	_____	_____
F. lifestyle preference <i>(in which community do you prefer to spend your time? in which do you feel most comfortable?)</i>	_____	_____	_____
G. self-identification <i>(how do you label or identify yourself?)</i>	_____	_____	_____

(scale for A - E)

- 0 other gender only
- 1 other gender mostly
- 2 other gender somewhat more
- 3 both genders equally
- 4 same gender somewhat more
- 5 same gender mostly
- 6 same gender only

(scale for F-G)

- 0 heterosexual only
- 1 heterosexual mostly
- 2 heterosexual somewhat more
- 3 equally heterosexual and homosexual
- 4 homosexual somewhat more
- 5 homosexual mostly
- 6 homosexual only

Source:

Klein, Fred, M.D.: *The Bisexual Option*. New York: Arbor House Publishing Company, 1978.